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Orozco

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(54) **AC VOLTAGE REGULATOR APPARATUS AND METHOD**

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(52) **U.S. Cl.** **323/235**; 323/282

(58) **Field of Search** 323/235, 282, 323/283, 284, 269, 238; 361/78, 79, 88, 100

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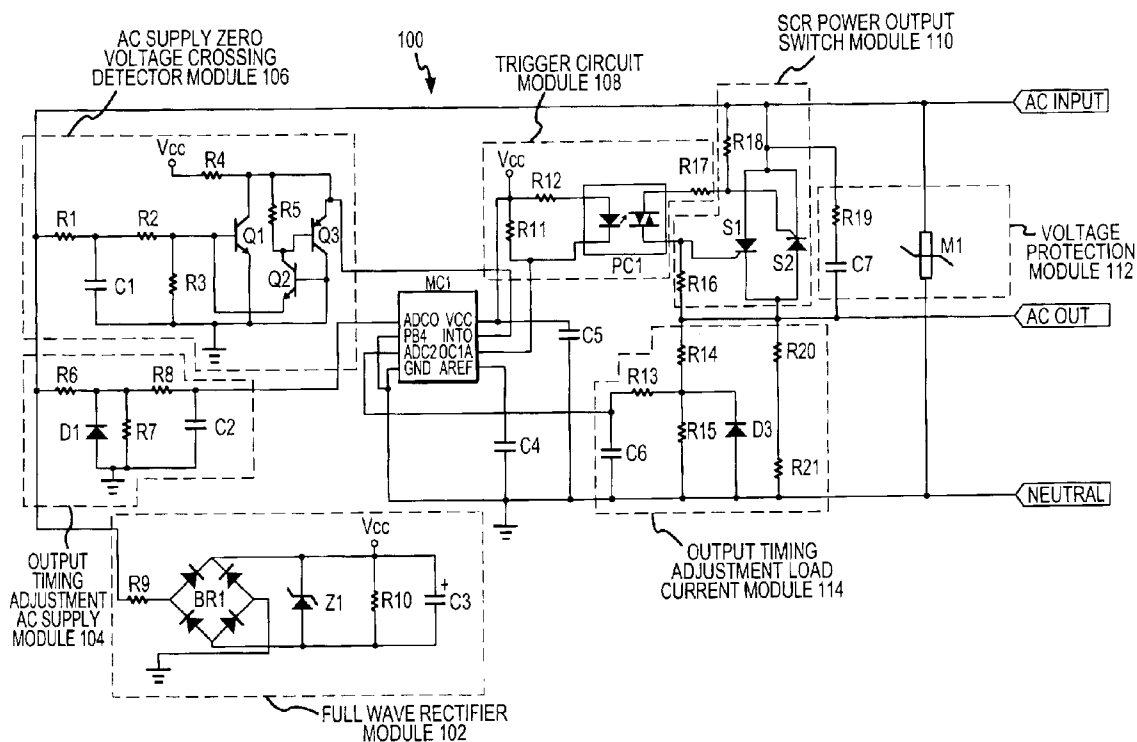
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(57) **ABSTRACT**

The ac voltage regulator apparatus of the present invention uses back-to-back silicon-controlled rectifier (“SCR”) power output switches which are triggered into conduction after being delayed for a period of time from the previous ac supply voltage zero point. The SCR switches are switching the load voltage at a determinate phase angle in order to obtain a constant true RMS voltage. The delay time of the trigger signal is variable and is changed to obtain regulation of the RMS voltage applied to the ac load. This regulation feature compensates for temperature changes, ac supply voltage variations, and ac load current changes.

19 Claims, 9 Drawing Sheets



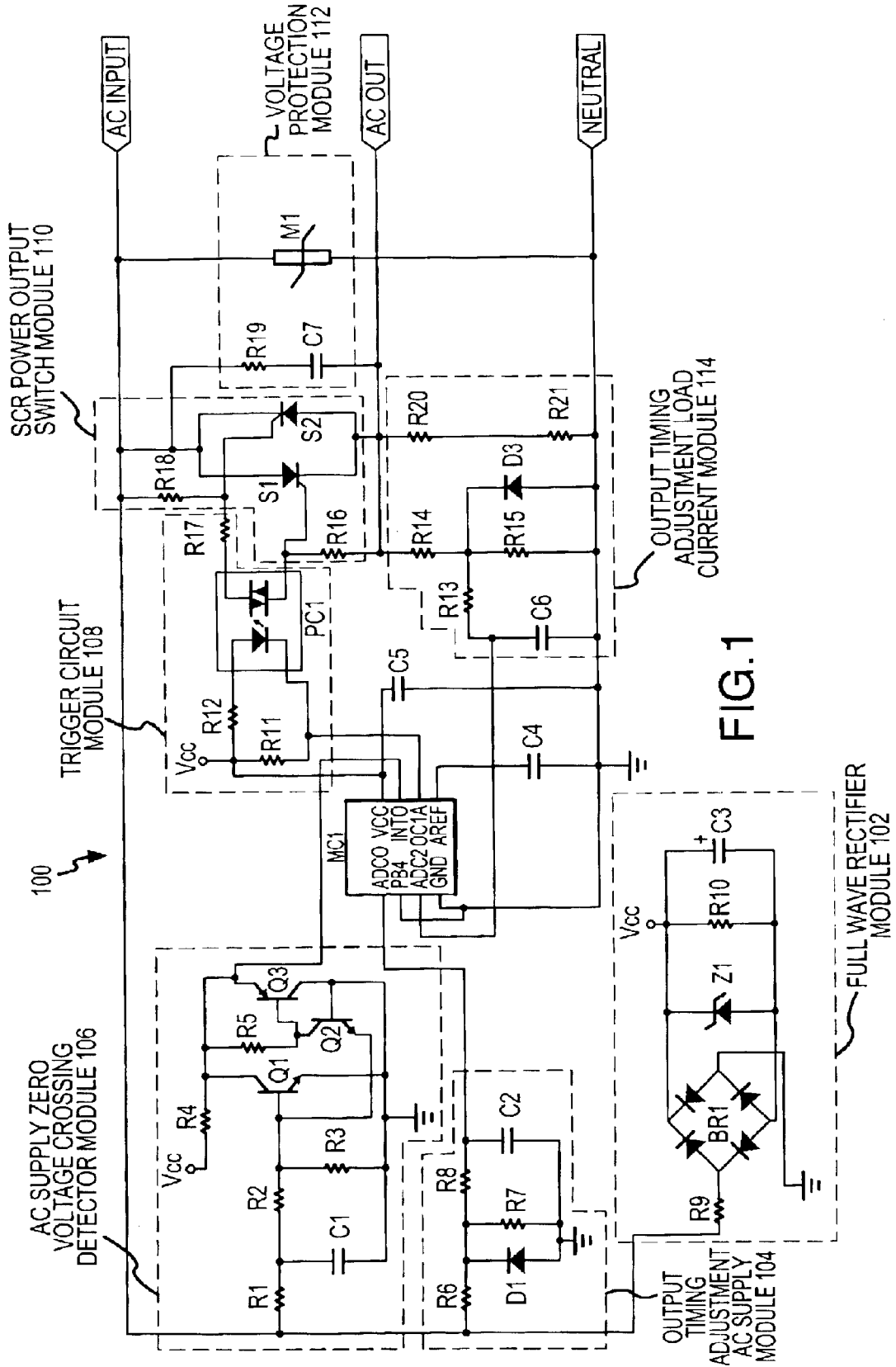


FIG. 1

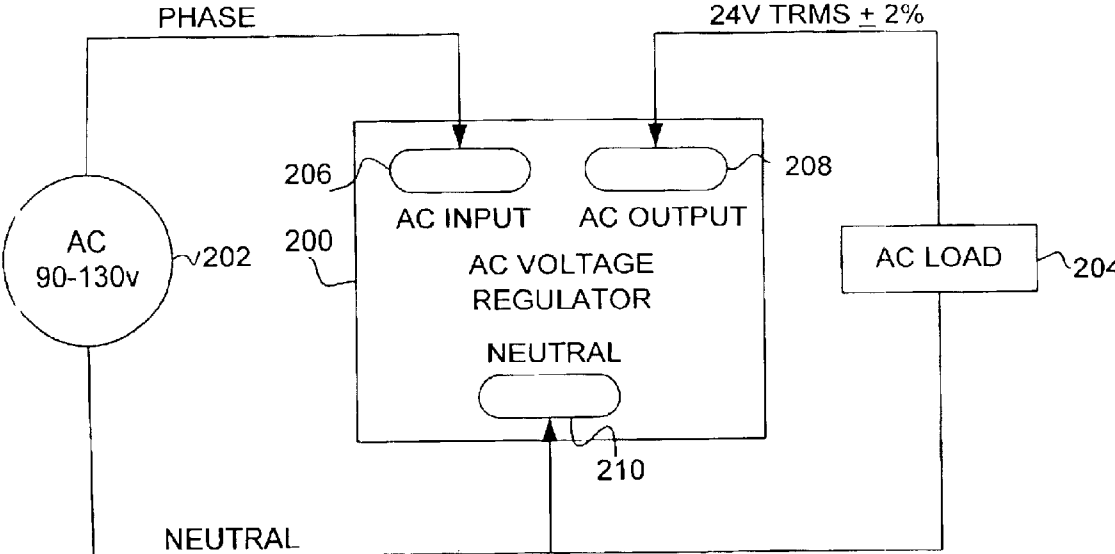


FIG. 2

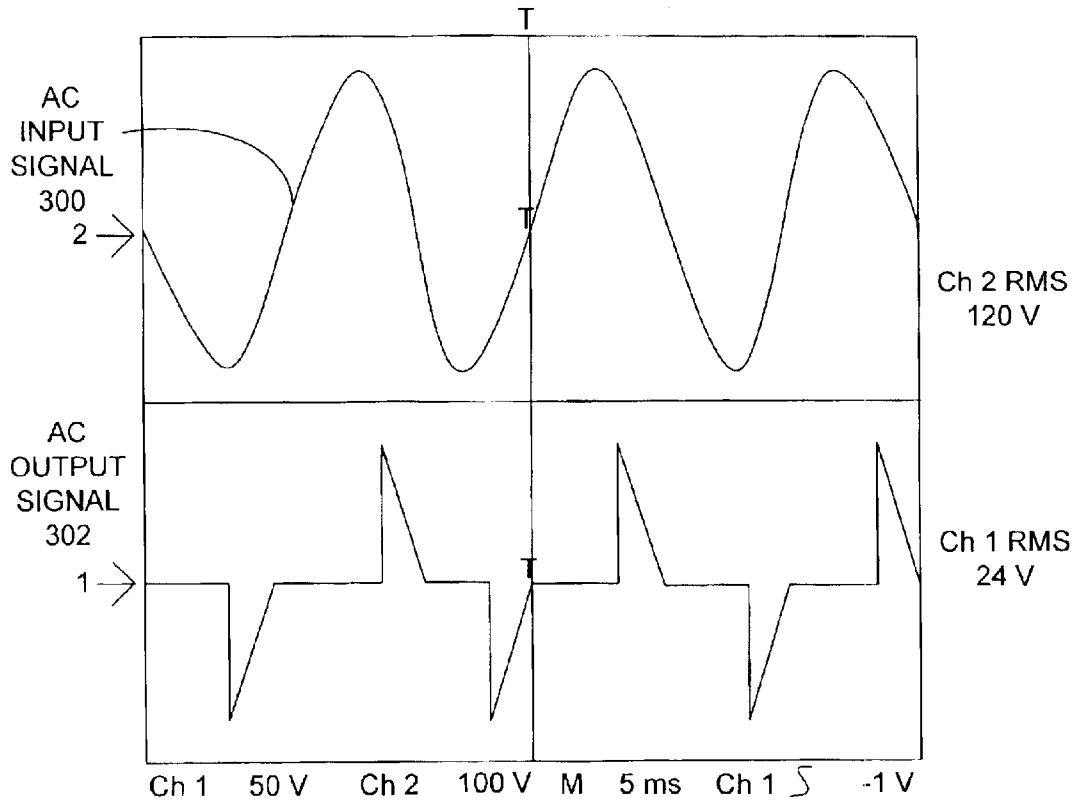


FIG. 3

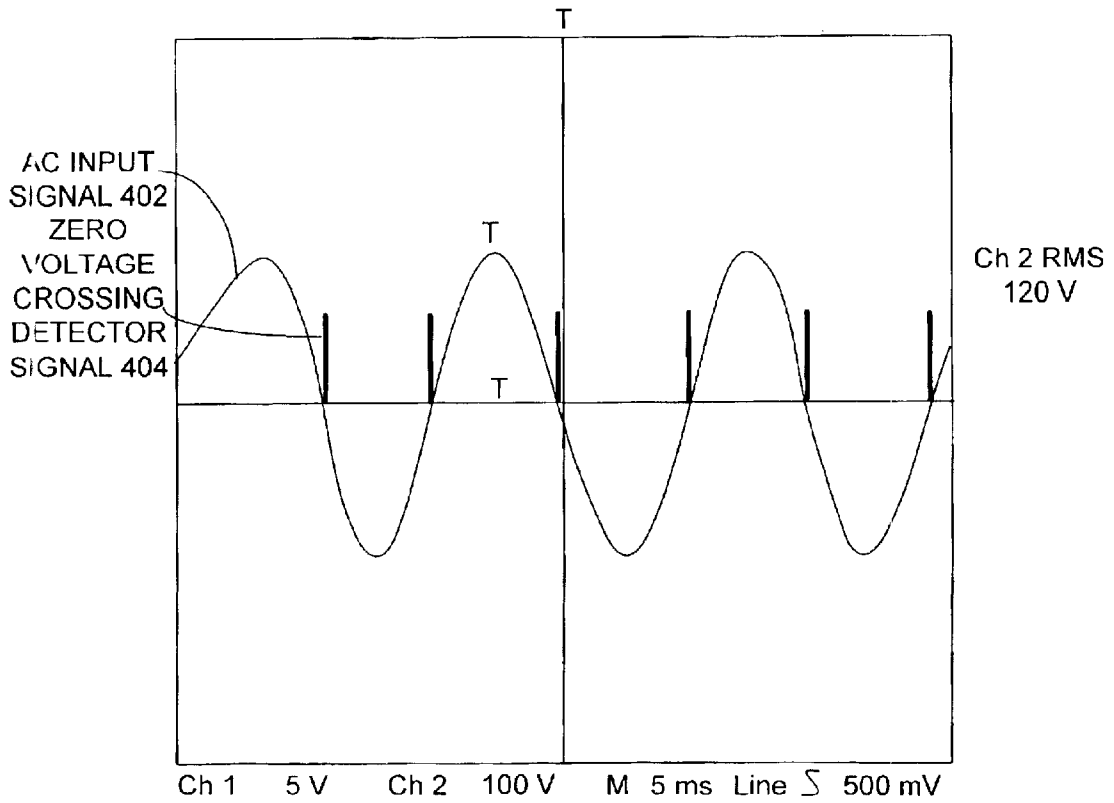


FIG. 4

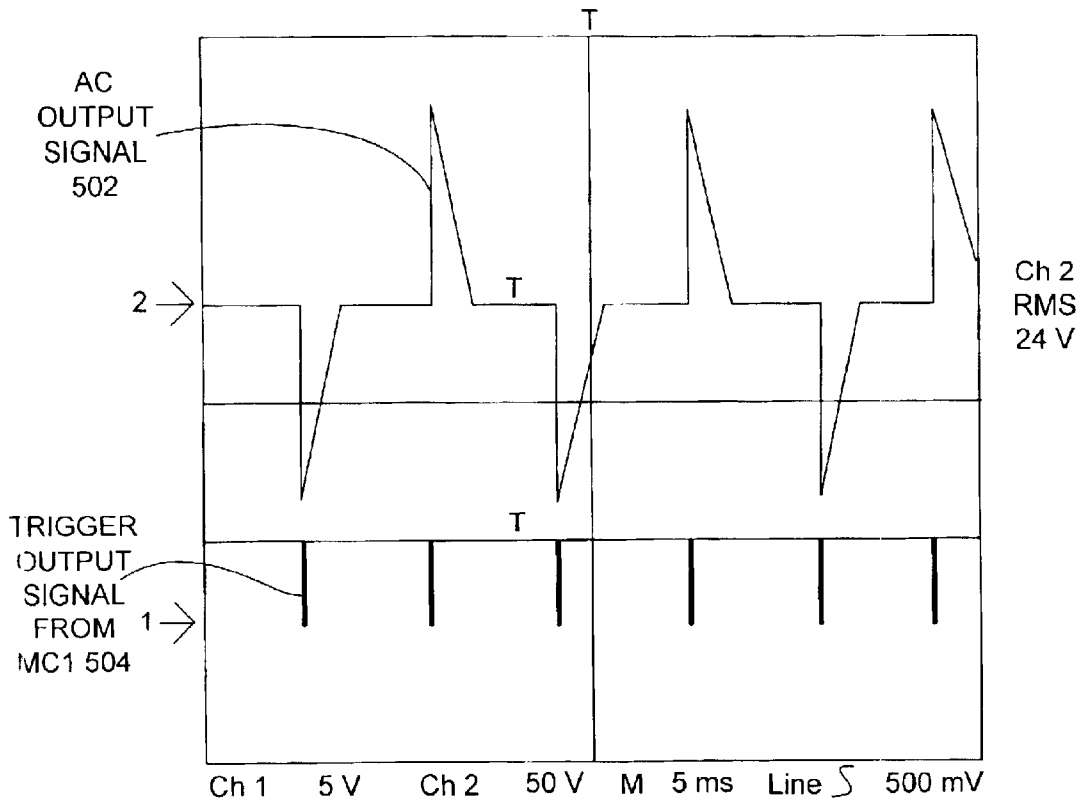


FIG. 5

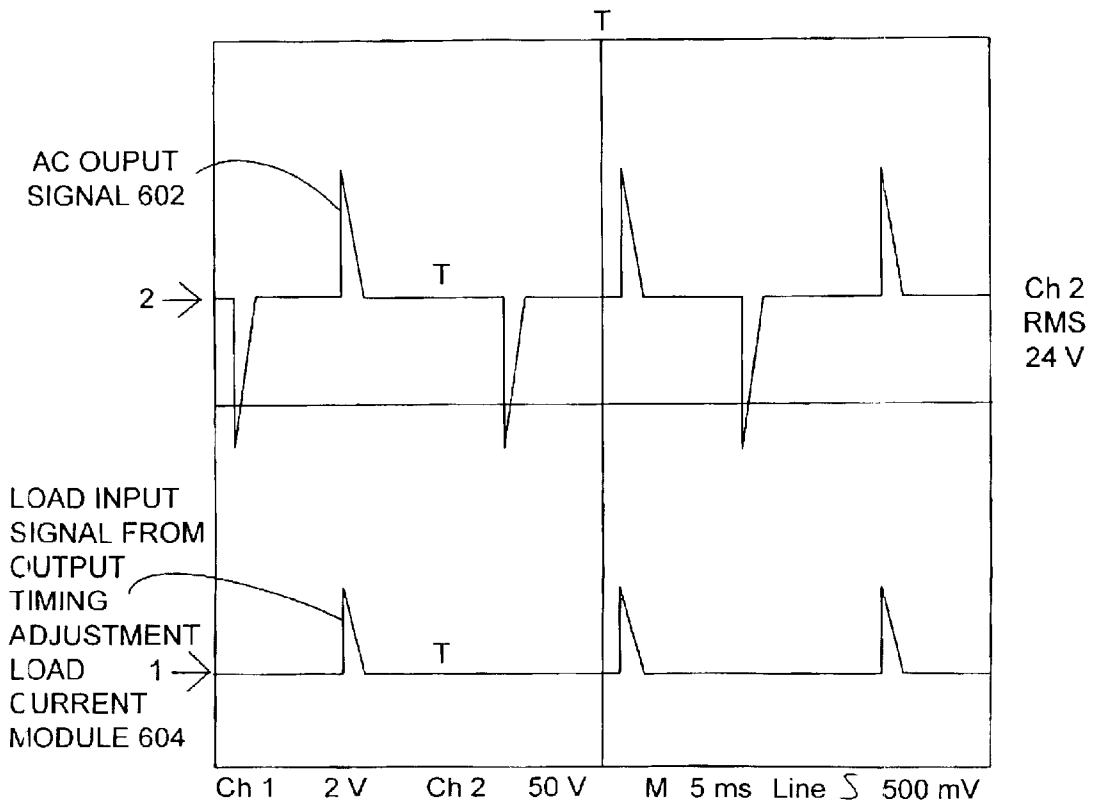


FIG. 6

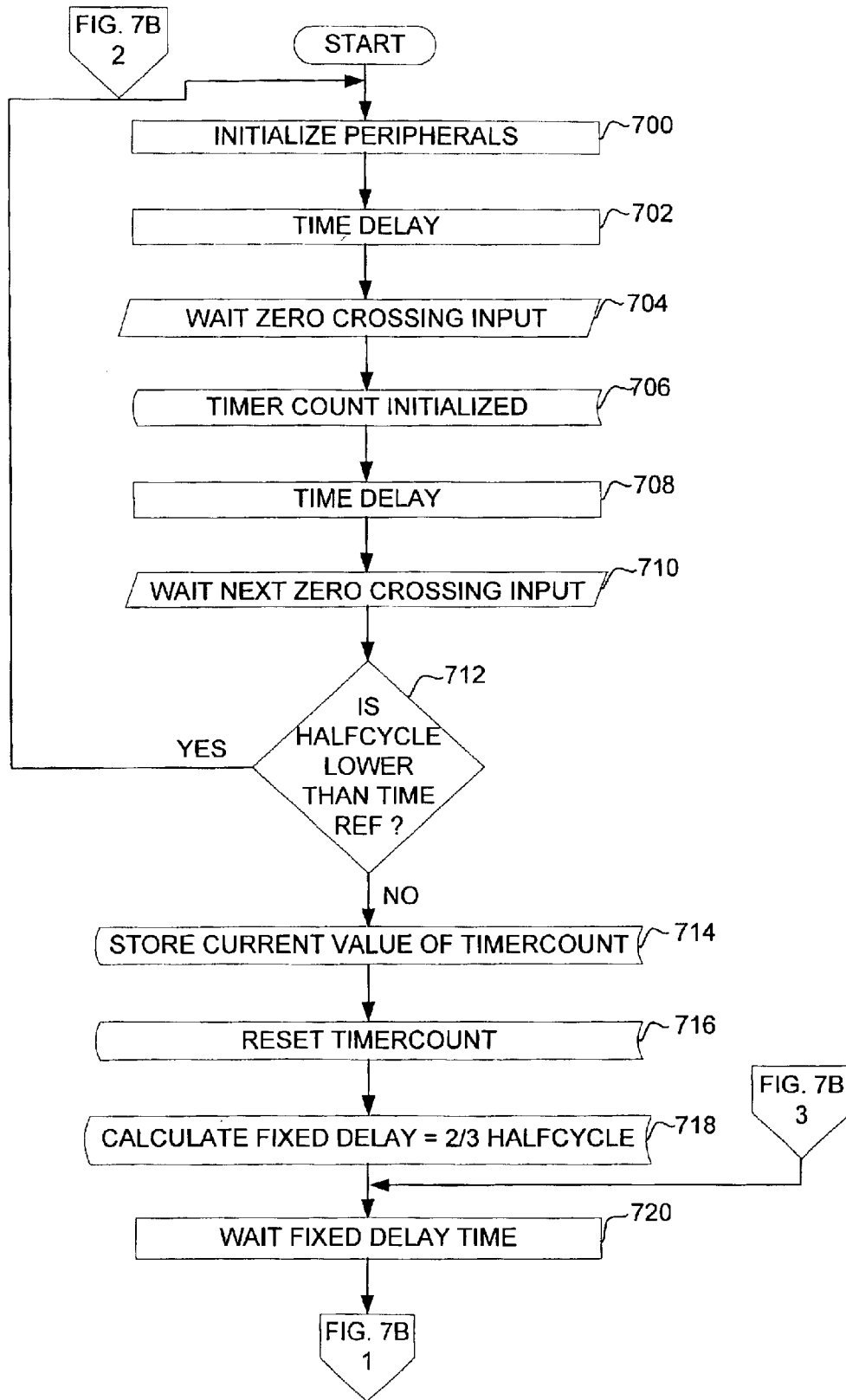
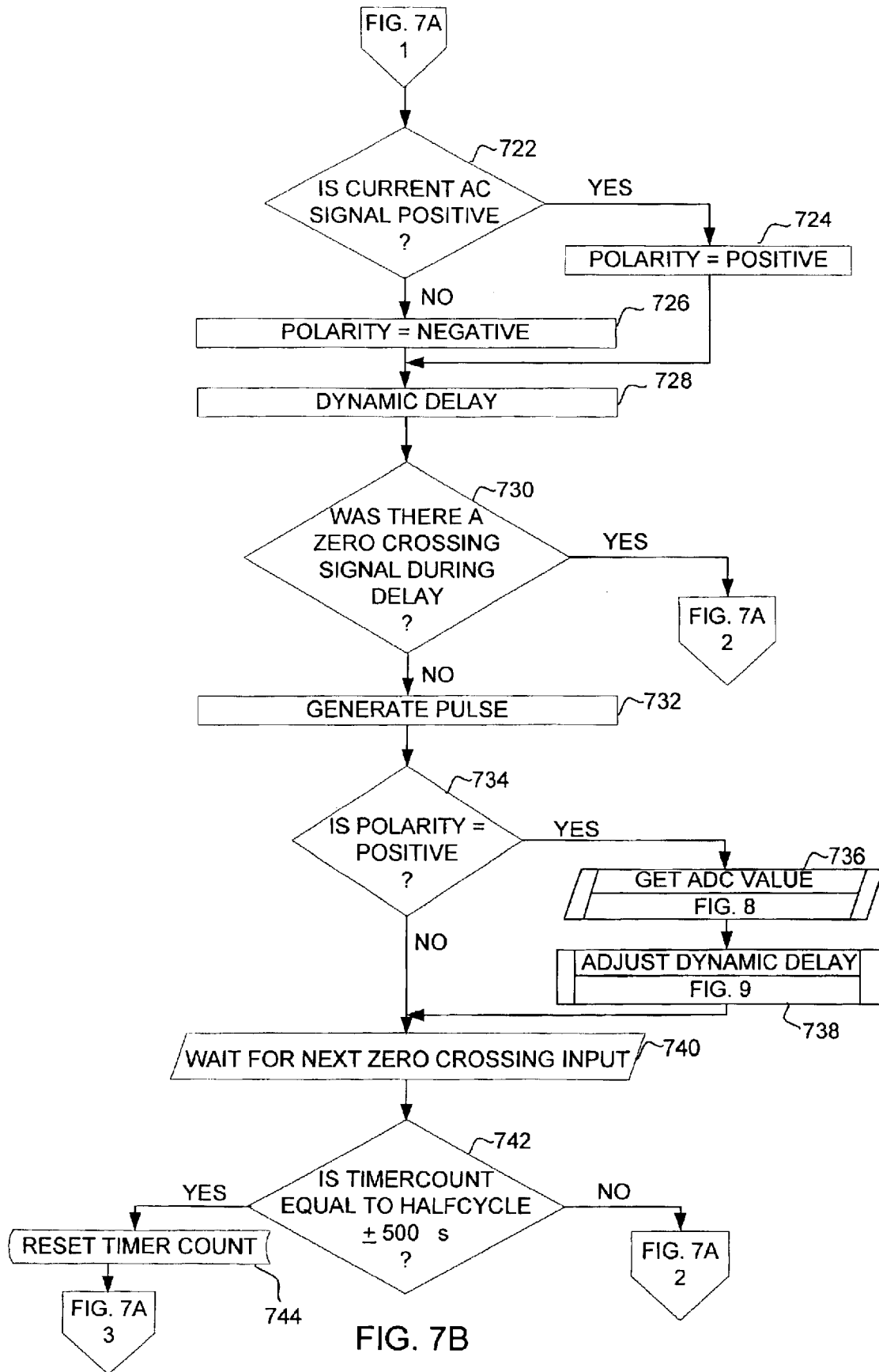


FIG. 7A



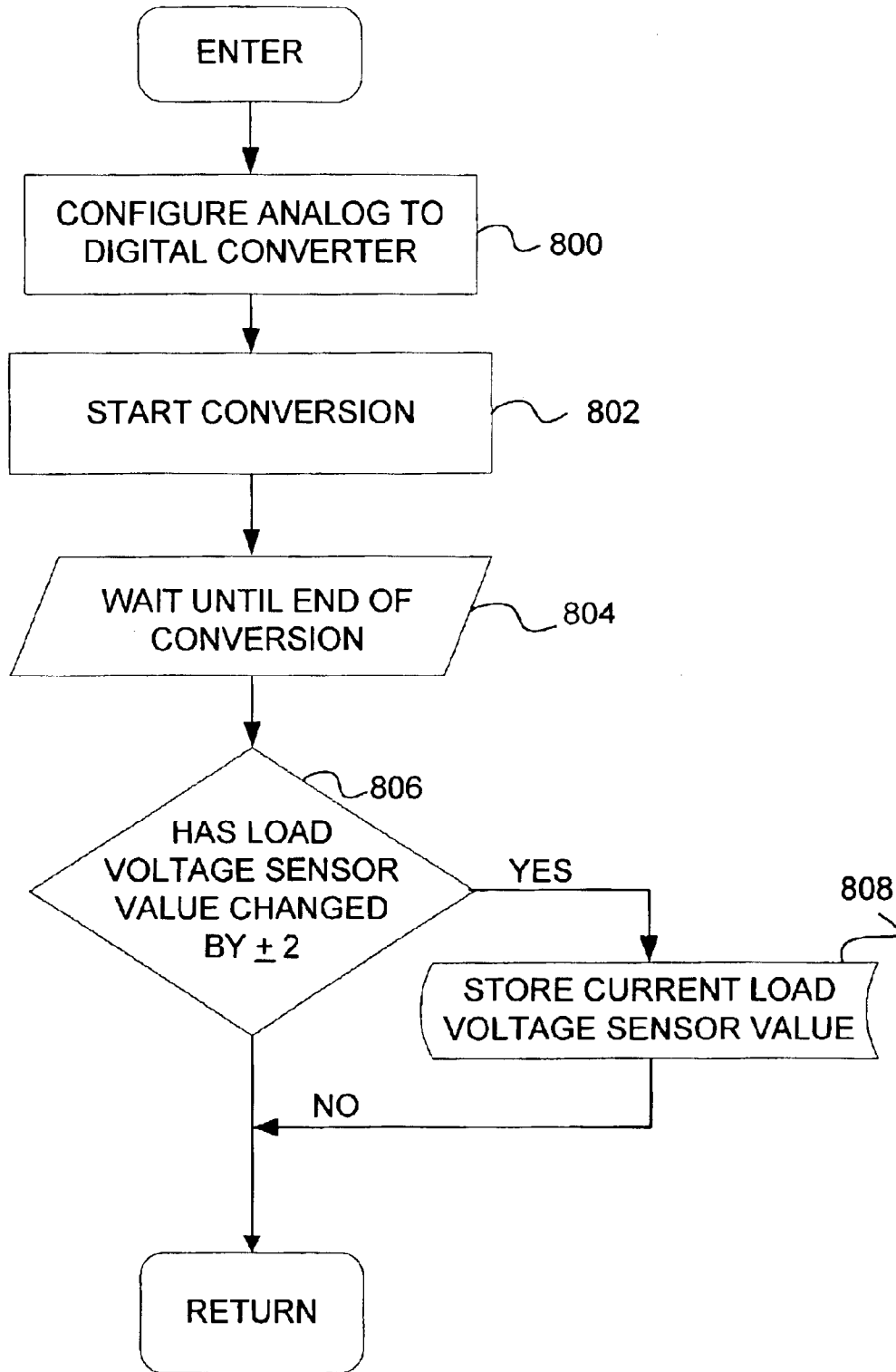


FIG. 8

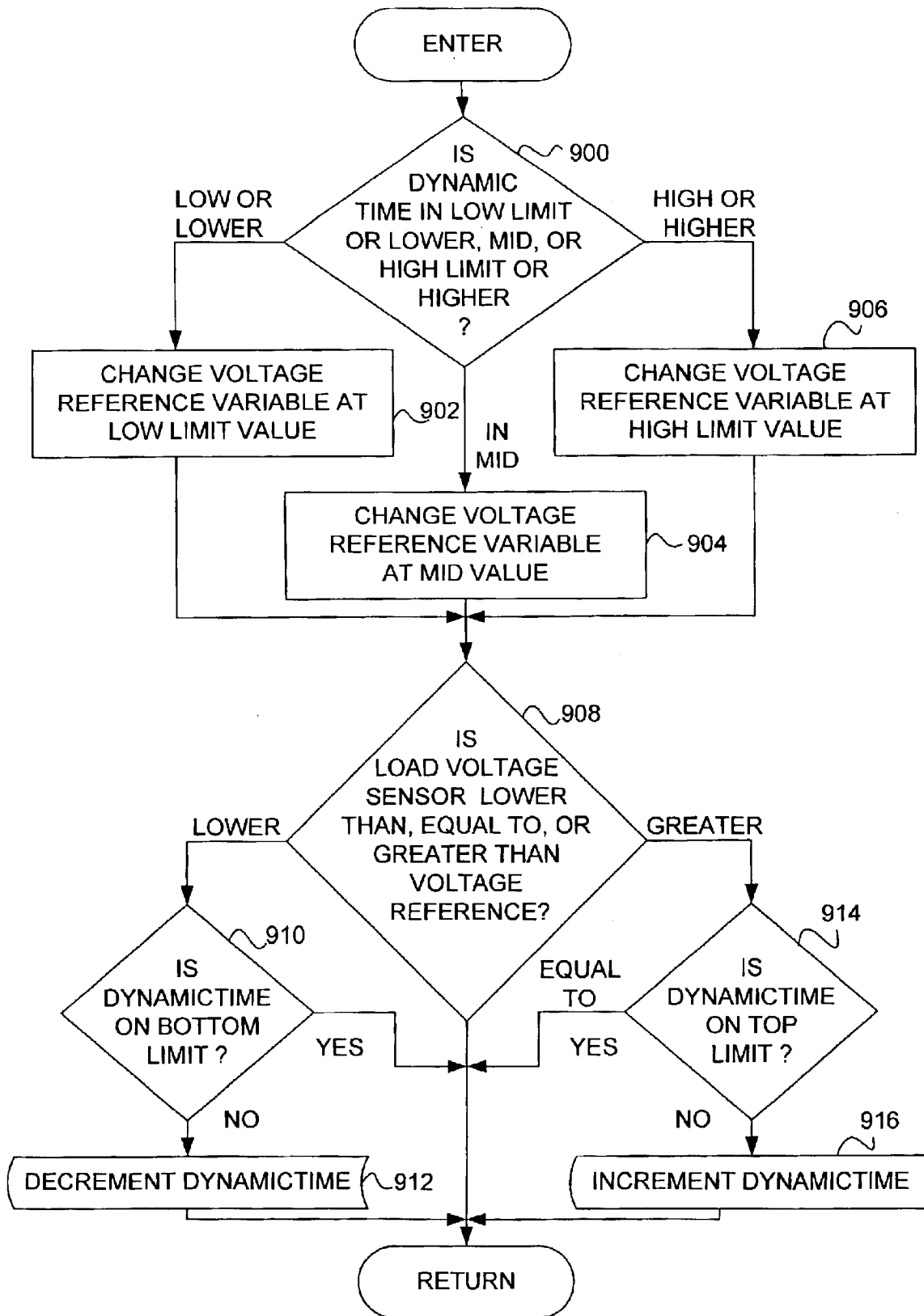


FIG. 9

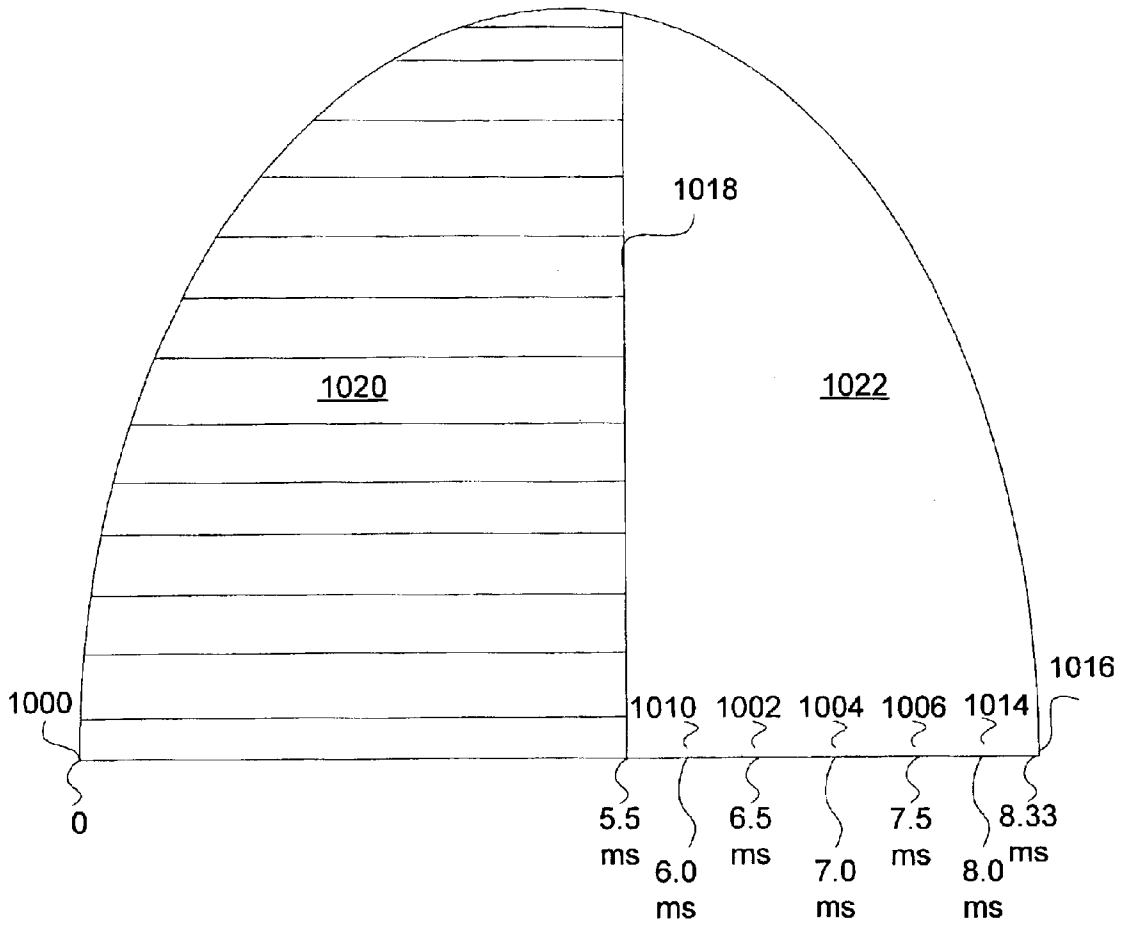


FIG. 10

AC VOLTAGE REGULATOR APPARATUS AND METHOD

FIELD OF THE INVENTION

This invention relates to voltage regulation, and more particularly, to providing a regulated, step down voltage from an unregulated supply of ac voltage to a variable load.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 shows an electronic schematic diagram of an embodiment of the ac voltage regulator apparatus of the present invention.

FIG. 2 shows a typical application of the ac voltage regulator apparatus of the present invention.

FIG. 3 shows oscilloscope traces of the ac voltage regulator output voltage signal in relation to the ac supply voltage signal of the ac voltage regulator apparatus of the present invention.

FIG. 4 shows oscilloscope traces of the output of the zero voltage crossing detector signal in relation to the ac supply voltage signal of the ac voltage regulator apparatus of the present invention.

FIG. 5 shows oscilloscope traces of the trigger signal from the microcontroller in relation to the ac output signal of the ac voltage regulator apparatus of the present invention.

FIG. 6 shows oscilloscope traces of the signal fed back to the microcontroller from the output timing adjustment load condition circuit in relation to the ac output signal of the ac voltage regulator apparatus of the present invention.

FIGS. 7A and 7B show a block flow diagram of the algorithm programmed into the microcontroller of the ac voltage regulator apparatus of the present invention.

FIG. 8 shows a block flow diagram of the Get ADC Value subroutine of the algorithm programmed into the microcontroller of the ac voltage regulator apparatus of the present invention.

FIG. 9 shows a block flow diagram of the Adjust Dynamic Delay subroutine of the algorithm programmed into the microcontroller of the ac voltage regulator apparatus of the present invention.

FIG. 10 shows a graph of the half cycle in relation to FIG. 9.

DETAILED DESCRIPTION OF THE INVENTION

FIG. 1 shows an electronic schematic diagram of an embodiment of the ac voltage regulator apparatus of the present invention. The ac voltage regulator apparatus of the present invention has a circuit with back-to-back silicon-controlled rectifier ("SCR") power output switches which are triggered into conduction after being delayed for a period of time from the previous ac supply voltage zero point. The SCR switches are switching the load voltage at a determine phase angle in order to obtain a constant true RMS voltage. The delay time of the trigger signal is variable and is changed to obtain regulation of the RMS voltage applied to the ac load. This regulation feature compensates for temperature changes, ac supply voltage variations, and ac load current changes.

The ac voltage regulator apparatus described below is a three terminal device, using the ac power supply to derive an internal dc supply voltage for the control and regulating circuitry as shown in FIG. 1. The phase angle control is

generated by smart circuitry based in a microcontroller core. The ac voltage regulator apparatus may be applied to many different forms of ac load, including, but not limited to, igniters for different types of gas appliances, low voltage incandescent lamps, and low voltage heaters. The ac voltage regulator provides a regulated, true RMS output voltage.

Referring now to FIG. 1, AC Voltage Regulator **100** is made up of several circuit module components, including Full Wave Rectifier Module **102** having zener diode regulation and capacitor smoothing. Full Wave Rectifier Module **102** supplies the Vcc (control circuit DC bus) for the sensing and regulating circuits. Individual components of Full Wave Rectifier Module **102** include resistors **R9** and **R10**, polarized capacitor **C3**, Full Wave Bridge Rectifier **BR1**, and zener diode **Z1**. In one embodiment of the invention, components of the Full Wave Rectifier Module **102** have the following values: **R9** is 12 k; **R10** is 6.8 k; **C3** is 220 μ F, 10V; and **Z1** is 5.1V.

Output Timing Adjustment AC Supply Module **104** provides a signal, which is proportional to the peak level of the ac supply, to the microcontroller **MC1**. This signal is used to adjust the output timing as a function of ac supply voltage variations. Individual components of Output Timing Adjustment AC Supply Module **104** include resistors **R6**, **R7**, and **R8**, unpolarized capacitor **C2**, and diode **D1**. In one embodiment of the invention, components of the Output Timing Adjustment AC Supply Module **104** have the following values: **R6** is 1000 k; **R7** is 10 k; **R8** is 100 k; and **C2** is 220 pF.

AC Supply Zero Voltage Crossing Detector Module **106** is a circuit that generates a pulse signal, at every voltage zero, to provide a timing reference point for the microcontroller **MC1**. When the terminal marked AC Input is positive with respect to the terminal marked Neutral, bipolar signal transistor **Q1** is the detecting element. When the terminal marked AC Input is negative with respect to the terminal marked Neutral, then bipolar signal transistors **Q2** and **Q3** are the detecting elements. The Neutral terminal is used as a voltage reference and return path of control circuitry. Individual components of AC Supply Zero Voltage Crossing Detector Module **106** include resistors **R1**, **R2**, **R3**, **R4**, and **R5**, unpolarized capacitor **C1**, and bipolar signal transistors **Q1**, **Q2**, and **Q3**. In one embodiment of the invention, components of the AC Supply Zero Voltage Crossing Detector Module **106** have the following values: **R1** is 180 k; **R2** is 180 k; **R3** is 39 k; **R4** is 27 k; **R5** is 560 k; and **C1** is 220 pF.

Trigger Circuit Module **108** is electrically isolated from the SCR power output switches **S1** and **S2**. The closing of the triac switch in photo coupler **PC1** connects the gates of **S1** and **S2** across the AC Input Terminal and the AC Output Terminal, providing sufficient gate current to activate whichever of **S1** or **S2** is forward biased. Individual components of Trigger Circuit Module **108** include resistors **R11**, **R12**, and **R17** and photo coupler **PC1** having a triac thyristor and an SCR thyristor. In one embodiment of the invention, **PC1** is a TLP160J Thyristor Output Optoisolator available from Toshiba, and components of the Trigger Circuit Module **108** have the following values: **R11** is 6.8 k; **R12** is 680; and **R17** is 220 k.

SCR Power Output Switch Module **110** has back-to-back SCR power output switches **S1** and **S2**. When energized, SCR Power Output Switch Module **110** applies ac power to the ac load. Individual components of SCR Power Output Switch Module **110** include resistors **R16** and **R18**, and SCR power output switches **S1** and **S2**. In one embodiment of the

invention, components of the SCR Power Output Switch Module **110** have the following values: **R16** is 47; and **R18** is 47.

Voltage Protection Module **112** provides protection for the SCR power output switches **S1** and **S2** against rapid changes in line voltage and excessive levels of line voltage. Individual components of Voltage Protection Module **112** include resistor **R19**, unpolarized capacitor **C7**, and metal oxide varistor **M1**, which has a voltage dependent resistance. Up to a specified voltage the resistance is very high, and above the specified voltage the resistance is low. This component is used to “clamp” supply line overvoltage transients to a safe level. In one embodiment of the invention, **M1** is a V130LA2 varistor available from Littlefuse, and components of the Voltage Protection Module **112** have the following values: **R19** is 47; and **C7** is 0.033 μ F.

Output Timing Adjustment Load Current Module **114** provides a signal to the microcontroller **MC1** which is proportional to the peak of the load voltage. This signal is used to adjust the output timing as a function of load voltage changes which occur as a result of changes in load current. Individual components of Output Timing Adjustment Load Current Module **114** include resistors **R13**, **R14**, **R15**, **R20**, and **R21**, unpolarized capacitor **C6**, and diode **D3**. In one embodiment of the invention, components of the Output Timing Adjustment Load Current Module **114** have the following values: **R13** is 100 k; **R14** is 1M; **R15** is 10 k; **R20** is 330; **R21** is 360; and **C6** is 220 pF.

Unpolarized capacitors **C4** and **C5** are in the circuit to minimize any stray interference signals. In one embodiment of the invention, **C4** is 0.22 μ F and **C5** is 0.1 μ F. Microcontroller **MC1** may be one of many types of suitable microcontrollers. In one embodiment of the invention, microcontroller **MC1** is an ATtiny15L 8-bit Microcontroller with 1K Byte Flash available from Atmel. The information obtained from the zero crossing detector, input voltage monitoring, and output voltage monitoring is supplied to microcontroller **MC1**. Microcontroller **MC1** is specifically programmed to calculate the necessary delay of the SCR trigger signals, and measures and maintains the RMS output voltage as shown in FIGS. **7A**, **7B**, **8**, and **9**. The trigger delay of the SCR power output switches **S1** and **S2** compensates for changes in ac supply voltage and changes in ac load current to maintain a true RMS output voltage.

FIG. **2** shows a typical application of the ac voltage regulator apparatus of the present invention. Referring now to FIG. **2**, AC Voltage Regulator **200** is connected to AC Source **202**, which is typically between 90 to 130 volts, and AC Load **204**. AC Voltage Regulator **200** has AC Input Terminal **206**, AC Output Terminal **208**, and Neutral Terminal **210**. AC Load **204** may encompass many different forms of ac load, including, but not limited to, igniters for different types of gas appliances, low voltage incandescent lamps, and low voltage heaters.

FIG. **3** shows oscilloscope traces of the ac voltage regulator output voltage signal in relation to the ac supply voltage signal of the ac voltage regulator apparatus of the present invention. Referring now to FIG. **3**, AC Input Signal **300** is 120V RMS. AC Output Signal **302** shows the segments of the supply voltage which are applied to the ac load. AC Output Signal **302** is 24V RMS. Microcontroller **MC1** is programmed to fire the SCR power output switches **S1** and **S2** at a point in time which supplies the AC Load **204**, located between AC Output Terminal **208** and Neutral Terminal **210**, with approximately 24V RMS.

FIG. **4** shows oscilloscope traces of the output of the zero voltage crossing detector signal in relation to the ac supply voltage signal of the ac voltage regulator apparatus of the present invention. Referring now to FIG. **4**, Zero Voltage Crossing Detector Signal **404** is shown in relation to AC Input Signal **402**. Zero Voltage Crossing Detector Signal **404** is used as the starting point for delaying the firing of SCR power output switches **S1** and **S2**.

FIG. **5** shows oscilloscope traces of the trigger signal from the microcontroller in relation to the ac output signal of the ac voltage regulator apparatus of the present invention. Referring now to FIG. **5**, AC Output Signal **502** is shown in relation to Trigger Output Signal From **MC1** **504**. Trigger Output Signal From **MC1** **504** energizes the input of **PCI** in Trigger Circuit Module **108** which in turn fires the SCR power output switches **S1** and **S2**.

FIG. **6** shows oscilloscope traces of the signal fed back to the microcontroller from the output timing adjustment load condition circuit in relation to the ac output signal of the ac voltage regulator apparatus of the present invention. Referring now to FIG. **6**, Load Input Signal From Output Timing Adjustment Load Condition Module **604** is fed back to microcontroller **MC1**, which microcontroller **MC1** uses to ensure that the firing point is adjusted (if necessary) to maintain the approximately 24V RMS between AC Output Terminal **208** and Neutral Terminal **210**.

FIGS. **7A** and **7B** show a block flow diagram of the algorithm programmed into the microcontroller of the ac voltage regulator apparatus of the present invention. Referring now to FIGS. **7A** and **7B**, in block **700** the program begins by initializing peripherals, including ports, clock, timer, and certain program variables. In block **702** a time delay occurs to allow the power supply to rise to a working voltage level, typically about 0.5 seconds. In block **704** a wait occurs until the first zero crossing voltage signal input is received to begin to count the half cycle time. A TimerCount variable is then initialized in block **706**. A time delay in block **708**, typically about 150 μ s, occurs to avoid potential false readings. Block **710** waits for the next zero crossing voltage signal input to be received. Internally, the TimerCount variable is counting the time from the first zero crossing voltage signal input to this next zero crossing voltage signal input. Block **712** checks to see if the half cycle time is lower than a constant value TimeRef. If the frequency of the ac source is 60 Hz, the halfcocked time will have a value equivalent to 8.33 ms. TimeRef is a constant value equivalent to the lowest frequency allowed to work properly. The microcontroller **MC1** has an internal 16-bit timer, which is simulated by software using two 8-bit registers in cascade configuration, that is calibrated to run at 1.6 MHz clock rate. The two byte timer register is incremented each 0.625 μ s. The TimerCount variable is the high byte of the 16 bit timer. TimeRef is fixed to 30 hex (approximately 7.68 ms), the lowest valid value allowed by TimerCount to work properly. If the half cycle time is lower than TimeRef, then control returns to block **700** where the algorithm restarts. If it is not, then in block **714** the current value of the TimerCount variable is stored in a HalfCycle variable.

In block **716**, the TimerCount variable is reset, which occurs each time the ac source crosses by zero. Block **718** next calculates a value equivalent to $\frac{2}{3}$ of the current value stored in the HalfCycle variable, and stores this value in a Fixed_Delay variable. In block **720** a time delay occurs equivalent to the time value calculated and stored in the Fixed_Delay variable. If the frequency of the ac supply is 60 Hz, the time delay stored in the Fixed_Delay variable would be 5.55 ms.

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Referring now to FIG. 7B, block 722 tests to see if the current ac signal is positive. If the ac signal half cycle is positive, then in block 724 a Polarity variable is set equal to positive. If block 722 determines that the current ac signal half cycle is not positive, then in block 726 the Polarity variable is set equal to negative. This test for polarity is used to synchronize load voltage capture and to update the dynamic time trip point.

In block 728 a dynamic time delay occurs. This time delay is proportional to the output voltage and is determined by the Adjust Dynamic Delay Routine of FIG. 9. Block 730 then determines if a zero crossing signal occurred during the previous dynamic delay period. This test is for security purposes only. If yes, then control returns to block 700 where the algorithm restarts. If no, then in block 732 microcontroller MC1 generates a pulse which turns on whichever of SCR power output switches S1 or S2 is forward biased. This pulse causes the triac switch in photo coupler PC1 to turn on, delay for 150 μ s, and then turn off.

Block 734 then determines if the Polarity variable is equal to positive, indicating a current ac signal positive half cycle. If yes, block 736 calls the Get ADC Value Routine of FIG. 8 (discussed below). Upon returning from FIG. 8, block 738 calls the Adjust Dynamic Delay Routine of FIG. 9 (discussed below). Upon returning from FIG. 9, control flows to block 740.

If block 734 determines that the Polarity variable is equal to negative, indicating a current ac signal negative half cycle, then control flows to block 740. Block 740 waits for the next zero voltage crossing detector signal.

Block 742 determines if the TimerCount variable is equal to the HalfCycle variable plus or minus a tolerance value of 500 μ s. If not, then control returns to block 700 where the program restarts. This check is to determine the repeatability of the sequence and restarts in the case of corruption of the ac line voltage, missing voltage, or change in frequency of the ac source. If yes, then block 744 resets the TimerCount variable for the start of a new cycle. Control then returns to block 720 in FIG. 7A.

FIG. 8 shows a block flow diagram of the Get ADC Value subroutine of the algorithm programmed into the microcontroller of the ac voltage regulator apparatus of the present invention. Referring now to FIG. 8, which is called from block 734 in FIG. 7B, in block 800 the Analog To Digital Converter (ADC) is configured, which entails configuring the ADC channel, clock frequency, and interrupts. Block 802 starts the conversion. Block 804 waits until the end of the conversion, which typically will run between 25–65 μ s.

The microcontroller MC1 has an internal analog to digital converter with a voltage reference of 2.56 Vdc range. For example, if the analog voltage is 0 Vdc, then the ADC value is equal to 0+1 digital units. For an analog voltage of 1.2 Vdc, the ADC value is equal to 119 \pm 1 digital units. For an analog voltage of 2.56 Vdc, the ADC value is equal to 255 \pm 1 digital units. To reduce the sensitivity in the voltage sensor values and the trip time variables, the tolerance for taking readings is \pm 2 digital units. Block 806 determines if the current load voltage sensor value has changed by plus or minus two digital units compared to the previous load voltage sensor value. If no, control returns to FIG. 7B at block 738. If yes, then in block 808 the current load voltage sensor value is stored. Control then returns to FIG. 7B at block 738.

FIG. 9 shows a block flow diagram of the Adjust Dynamic Delay subroutine of the algorithm programmed into the microcontroller of the ac voltage regulator apparatus of the

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present invention, and FIG. 10 shows a graph of the half cycle in correlation to FIG. 9. Referring now to FIG. 10, the half cycle starts at Zero Voltage Crossing 1000 and goes to half cycle positive 1016. The half cycle is divided by $\frac{2}{3}$ half cycle line 1018 into Fix Delay Range 1020 and Dynamic Delay Range 1022. If the ac power supply is 60 Hz, $\frac{2}{3}$ of the half cycle will occur at 5.5 ms from the Zero Voltage Crossing 1000. Similarly, Bottom Limit 1010 will occur at 6.0 ms, Low Limit 1002 at 6.5 ms, Mid Limit 1004 at 7.0 ms, High Limit 1006 at 7.5 ms, and Top Limit 1014 at 8.0 ms from the zero voltage crossing.

Referring now to FIG. 9, which is called from block 736 in FIG. 7B, and to FIG. 10, in block 900 the dynamic delay is tested in order to adjust the voltage reference of the load voltage according to the dynamic time position. Block 900 determines if the dynamic time is in the low limit or lower, in the mid level, or in the high limit or higher. The low limit for voltage references purposes is defined as the range that is greater than or equal to Bottom Limit 1010 but less than or equal to Low Limit 1002. If the dynamic time is in the low limit or lower, then in block 902 the VrefVar variable is changed at the Low Limit 1002 value and control flows to block 908.

The mid limit for voltage references purposes is defined as the range that is greater than Low Limit 1002 but less than High Limit 1006. If the dynamic time is in the mid limit, then in block 904 the VrefVar variable is changed at the mid value and control flows to block 908.

The high limit for voltage references purposes is defined as the range that is greater than or equal to High Limit 1006 but less than or equal to Top Limit 1014. If the dynamic time is in the high limit or higher, then in block 906 the VrefVar variable is changed at the high limit value and control flows to block 908.

Block 908 determines if the current load voltage sensor value is lower than, equal to, or greater than the load voltage reference value held in the VrefVar variable. If the load voltage sensor value is lower than the VrefVar variable value, then block 910 determines if the dynamic time is on Bottom Limit 1010. This is a security limit. If the ac power supply is 60 Hz and the dynamic time is at Bottom Limit 1010, the trip time from the zero voltage crossing would be equivalent to 6 ms. If the dynamic time is on Bottom Limit 1010, control returns to block 740 in FIG. 7B. If not, then in block 912 the dynamic time is decremented by one unit, which is approximately 159 μ s. Control then returns to block 740 in FIG. 7B.

If the load voltage sensor value determined in block 908 is equal to the VrefVar variable value, then the dynamic time is unchanged and control returns to block 736 in FIG. 7B.

If the load voltage sensor value determined in block 908 is higher than the VrefVar variable value, then block 914 determines if the dynamic time is on Top Limit 1014. This is a security limit. If the ac power supply is 60 Hz and the dynamic time is at Top Limit 1014, the trip time from the zero voltage crossing would be equivalent to 8 ms. If the dynamic time is on Top Limit 1014, control returns to block 736 in FIG. 7B. If not, then in block 916 the dynamic time is incremented by one unit, which is approximately 159 μ s. Control then returns to block 736 in FIG. 7B.

Having described the present invention, it will be understood by those skilled in the art that many changes in construction and circuitry and widely differing embodiments and applications of the invention will suggest themselves without departing from the scope of the present invention.

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What is claimed is:

1. An ac voltage regulator apparatus comprising:
 - a circuit, said circuit further comprising:
 - an output timing adjustment ac supply module;
 - an ac supply zero voltage crossing detector module connectable to said output timing adjustment ac supply module;
 - a trigger circuit module;
 - a silicon-controlled rectifier power output switch module connectable to said trigger circuit module;
 - an output timing adjustment load current module connectable to said silicon-controlled rectifier power output switch module; and
 - a microcontroller connectable to said output timing and adjustment ac supply module and to said ac supply zero voltage crossing detector module and to said trigger circuit module and to said silicon-controlled rectifier power output switch module and to said output timing adjustment load current module;
 - wherein said silicon-controlled rectifier power output switch module is triggered into conduction by said microcontroller after being delayed for a period of time from a previous ac supply voltage zero point to obtain a constant true RMS voltage.
2. The ac voltage regulator apparatus according to claim 1 further comprising:
 - an ac input terminal connectable to said circuit;
 - an ac output terminal connectable to said circuit;
 - a neutral terminal connectable to said circuit;
 - an ac power supply connectable between said ac input terminal and said neutral terminal; and
 - an ac load connectable between said ac output terminal and said neutral terminal;
 - wherein the ac voltage regulator apparatus derives an internal dc supply voltage from said ac power supply for control and regulation.
3. The ac voltage regulator apparatus according to claim 2 wherein said ac load further comprises a one of an igniter for a gas appliance, a low voltage incandescent lamp, and a low voltage heater.
4. The ac voltage regulator apparatus according to claim 2 wherein said output timing adjustment ac supply module further comprises:
 - an unpolarized capacitor;
 - at least one resistor connectable to said unpolarized capacitor; and
 - a diode connectable to said at least one resistor;
 - wherein said output timing adjustment ac supply module provides a signal to said microcontroller which is proportional to a peak level of said ac power supply and said signal adjusts an output timing as a function of a voltage variations of said ac power supply.
5. The ac voltage regulator apparatus according to claim 2 wherein said silicon-controlled rectifier power output switch module further comprises:
 - a first silicon controlled rectifier power output switch;
 - a second silicon controlled rectifier power output switch, wherein said first and second silicon controlled rectifier power output switches are connectable back-to-back; and
 - at least one resistor connectable to said first and second silicon controlled rectifier power output switches;
 - wherein said silicon-controlled rectifier power output switch module applies said ac power supply to said ac load.

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6. The ac voltage regulator apparatus according to claim 5 wherein said trigger circuit module further comprises:
 - a photo coupler having a triac switch; and
 - at least one resistor connectable to said photo coupler;
 - wherein when said triac switch closes, said photo coupler connects said first silicon controlled rectifier power output switch and said second silicon controlled rectifier power output switch across said ac input terminal and said ac output terminal, activating a one of said first and second silicon controlled rectifier power output switch that is forward biased.
7. The ac voltage regulator apparatus according to claim 5 wherein said circuit further comprises:
 - a voltage protection module connectable to said silicon-controlled rectifier power output switch module and to said output timing adjustment load current module.
8. The ac voltage regulator apparatus according to claim 7 wherein said voltage protection module further comprises:
 - a metal oxide varistor;
 - an unpolarized capacitor connectable to said metal oxide varistor; and
 - at least one resistor connectable to said unpolarized capacitor;
 - wherein said voltage protection module protects said first and second silicon controlled rectifier power output switches from a rapid change in line voltage and an excessive level of line voltage.
9. The ac voltage regulator apparatus according to claim 1 wherein said circuit further comprises:
 - a full-wave rectifier module connectable to said output timing adjustment ac supply module.
10. The ac voltage regulator apparatus according to claim 9 wherein said full-wave rectifier module further comprises:
 - a full wave bridge rectifier;
 - a zener diode connectable to said full wave bridge rectifier;
 - at least one resistor connectable to said zener diode; and
 - a polarized capacitor connectable to said at least one resistor;
 - wherein said full-wave rectifier module supplies a control circuit dc bus for sensing and regulating circuits within the voltage regulator apparatus.
11. The ac voltage regulator apparatus according to claim 1 wherein said ac supply zero voltage crossing detector module further comprises:
 - an unpolarized capacitor;
 - connectable to said unpolarized capacitor; and
 - at least three bipolar signal transistors connectable to said at least one resistor;
 - wherein said ac supply zero voltage crossing detector module generates a pulse signal at every voltage zero to provide a timing reference point for said microcontroller.
12. The ac voltage regulator apparatus according to claim 1 wherein said output timing adjustment load current module further comprises:
 - a diode;
 - at least one resistor connectable to said diode; and
 - an unpolarized capacitor connectable to said at least one resistor;
 - wherein said output timing adjustment load current module provides a signal to said microcontroller that is proportional to a peak of a load voltage.

13. A method for controlling a voltage regulator circuit utilizing a programmable microcontroller, the method comprising the steps of:

- (a) receiving in said programmable microcontroller a first signal proportional to a peak level of an ac supply voltage;
- (b) receiving in said programmable microcontroller a pulse signal at every ac supply voltage zero crossing point;
- (c) receiving in said programmable microcontroller a second signal proportional to a peak level of an ac load voltage;
- (d) processing in said programmable microcontroller said first signal, said pulse signal, and said second signal, wherein said microcontroller processes said pulse signal as a timing reference for use as a starting point for calculating a delay in the firing of at least one of two silicon controlled rectifier power output switches, and further wherein said microcontroller processes said first signal to adjust an output timing as a function of variations in said ac supply voltage, and further wherein said microcontroller processes said second signal to adjust said output timing as a function of variations in said ac load voltage; and
- (e) sending by said programmable microcontroller a trigger signal to initiate the firing of said at least one of two silicon controlled rectifier power output switches;

wherein a constant true RMS voltage is maintained between an ac output terminal and a neutral terminal of the voltage regulator circuit.

14. A method according to claim 13 wherein said receiving step (a) further comprises the step of:

generating said first signal in an output timing adjustment ac supply module of the voltage regulator circuit connectable to said programmable microcontroller.

15. A method according to claim 13 wherein said receiving step (b) further comprises the step of:

generating said pulse signal in an ac supply zero voltage crossing detector module of the voltage regulator circuit connectable to said programmable microcontroller.

16. A method according to claim 13 wherein said receiving step (c) further comprises the step of:

generating said second signal in an output timing adjustment load current module of the voltage regulator circuit connectable to said programmable microcontroller.

17. A method according to claim 13 wherein said sending step (e) further comprises the steps of:

receiving said trigger signal in a trigger circuit module of the voltage regulator circuit connectable to said programmable microcontroller;

closing a triac switch of a photo coupler in said trigger circuit module, wherein said at least one of two silicon controlled rectifier power output switches that is forward biased is activated;

delaying the opening of said triac switch for a predetermined period of time; and

opening said triac switch, causing said at least one of two silicon controlled rectifier power output switches that is forward biased to deactivate.

18. A method according to claim 13 further comprising the step of:

supplying said constant true RMS voltage to an ac load connectable between said ac output terminal and said neutral terminal.

19. A method according to claim 18 wherein said ac load is a one of an igniter for a gas appliance, a low voltage incandescent lamp, and a low voltage heater.

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